

JULY/AUGUST 2026 NEWSLETTER



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LITFIELD HOUSE
Medical Centre

Upcoming Events

Our next free GP lectures will start in October.

We hope to publish the dates and speakers by the end of August.

Victoria Gee
Marketing & Events

marketing@litfieldhouse.co.uk
Tel (Direct Line): 0117 317 1486
(Wed-Fri)

Dear General Practitioner.

With an extensive team of experienced consultants and healthcare professionals covering a broad range of medical and surgical specialties, Litfield House can help connect your patients with the most appropriate clinician. Whether they're looking for a specialist opinion, diagnostic investigations or treatment, our team is always happy to help.

If you're unsure which consultant or service would be the best fit for your patient, please don't hesitate to get in touch. We welcome referrals and enquiries for patients who wish to self-fund their care or use private medical insurance, and we're always happy to point you in the right direction.

Trisha Tanner

Practice Manager



ZAFRA
MEDICAL

Dr Jorge Zafra MD, MSc is a highly experienced cosmetic and anti-ageing physician with an international medical background spanning the UK, Spain and Mexico. He is the founder and Medical Director of Zafra Medical, based at Litfield House Medical Centre, where he provides a comprehensive range of evidence-based aesthetic and skin health treatments.



Dr Zafra graduated in Medicine from Universidad Anáhuac in Mexico before completing specialist training in Family and Community Medicine at the renowned Hospital Universitari Vall d'Hebron in Barcelona. He subsequently obtained a Master's Degree in Aesthetic and Anti-Ageing Medicine from the University of Barcelona, where he now serves as a lecturer on the university's master's programme in Aesthetic Medicine.

healthcare.

As a GMC-registered doctor and member of leading professional organisations, Dr Zafra combines medical expertise with an artistic approach to help patients achieve natural, balanced and age-appropriate results. His clinical interests include facial rejuvenation, skin health, laser treatments, mole and lesion removal, body contouring, anti-ageing medicine and preventative

Dr Zafra is a published author, conference speaker and Board Director of Litfield House Medical Centre. He is known for his thorough consultations, patient-centred approach and commitment to delivering safe, ethical and personalised care. His philosophy is centred on enhancing confidence and wellbeing while maintaining each patient's natural appearance and individuality.

<https://www.litfieldhouse.co.uk/consultant/jorge-zafra/>
<https://www.zaframedical.co.uk/>

Please click on the following links for more information:

Consultancy/Surgical Suite Hire
<https://www.litfieldhouse.co.uk/healthcare-professionals/consultancy-room-hire/>

Consultants and Specialities
<https://www.litfieldhouse.co.uk/patients/our-services/>

Medico Legal Specialists
<https://www.litfieldhouse.co.uk/medico-legal/>

