

SEPTEMBER 2025 NEWSLETTER



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Upcoming Events

Our Third Series of free GP Lectures (via zoom) have now been published. The list of lectures are as follows:

2nd October 2025 @ 7.30pm

Lecture: "Alzheimer's, Heart Disease and Strokes – The Association with Leg Varicose Veins and Holistic Vein Health" Part 1

Speaker: Professor Mark Whiteley - Consultant Venous Surgeon and Consultant Phlebologist Executive Chairman of the Whiteley Clinic

9th October 2025 @ 7.30pm

Lecture: "How is Paediatric Nephrology Relevant to Me in Primary Care"

Speaker: Dr Caroline Platt - Consultant Paediatric Nephrologist

16th October 2025 @ 7.30pm

Lecture: "Navigating Migraine Management in an Era of Targeted Treatments"

Speaker: Dr Richard Ibitoye - Consultant Neurologist and lead for the Headache Clinic at Southmead Hospital

6th November 2025 @ 7.30pm

Lecture: "Neurodiversity and Women: Misdiagnosis, Missed Diagnosis and Comorbidity"

Speaker: Dr Susannah Whitwell - Consultant Psychiatrist & Co-Founder of the Effra Clinic

To sign up contact Victoria via email or telephone (as below), or you can sign on to the lecture via our website, link as follows (overviews to following shortly):
<https://www.litfieldhouse.co.uk/healthcare-professionals/education-and-events/>

Victoria Gee

Marketing & Events



marketing@litfieldhouse.co.uk

Tel (Direct Line): 0117 317 1486 (Wed-Fri)

Please click on the following links for more information:

Consultancy/Surgical Suite Hire
[Consultancy Room Hire Bristol | Litfield House Medical Centre](#)

Consultants and Specialities
[Consultants and Specialities | Litfield House Medical Centre](#)

Dear General Practitioner.

We are currently carrying out major refurbishment works in the "House", which may cause some disruption. Please be assured that we are doing everything possible to minimise any inconvenience for both consultants and patients.

Our aim is to ensure the building continues to meet the highest standards that everyone visiting rightly expects from us.

As mentioned in our previous Newsletter, our third series of GP Education Lectures have now been announced, so if you've yet to sign up for one of these lectures, please do contact Victoria to secure your place marketing@litfieldhouse.co.uk. Please view our Events section in the Newsletter for dates, speakers and topics.

Trisha Tanner

Practice Manager

Obesity and Metabolism Clinic

Private Endocrinologist in Bristol



work also includes dedicated PCOS, general diabetes and joint reproductive endocrinology clinics.

The Obesity and Metabolism Clinic is a private specialist service led by Dr. Hassan Kahal, a consultant in diabetes, endocrinology, and bariatric (obesity) medicine. The clinic offers expert, evidence-based care for individuals living with obesity, type 2 diabetes, polycystic ovary syndrome (PCOS), and related metabolic conditions.

Hassan is the clinical lead for the Tier 3 Weight Management Service at Southmead Hospital, North Bristol NHS Trust. His NHS

Patients benefit from a comprehensive approach that includes medical therapy for obesity, pre- and post-bariatric surgery optimisation, PCOS-specific management, and general diabetes care.

Hassan holds a PhD focused on PCOS and obesity. He is SCOPE-certified by the World Obesity Federation. His approach is person-centred, with focus on shared decision-making.

The Obesity and Metabolism Clinic welcome self-referrals for patients with obesity, metabolic syndrome, PCOS, and type 2 diabetes. It provides access to specialised care that complements primary care management.

For more information, visit: www.obesitymetabolism.co.uk.

<https://www.litfieldhouse.co.uk/consultant/hassan-kahal> / <https://obesitymetabolism.co.uk/> or email info@obesitymetabolism.co.uk