

AUGUST 2025 NEWSLETTER



Litfield House Medical Centre
1 Litfield Place, Clifton
Bristol BS8 3LS

Tel: 0117 973 1323

Email:
marketing@litfieldhouse.co.uk
www.litfieldhouse.co.uk

Dear General Practitioner.

We have another new member who has joined the "House":

Dr Hassan Kahal - Consultant in Obesity Medicine, Diabetes and Endocrinology
Who will be running an Obesity and Metabolism Clinic starting in September.
<http://www.obesitymetabolism.co.uk/>

If you are looking for referrals do visit our patients page
<https://www.litfieldhouse.co.uk/patients/our-services/>, where you can search on speciality or treatment to find the appropriate consultant/clinic for your patients

Our third series of GP Education Lectures have now been announced, so please view our Events section in the Newsletter for dates, speakers and topics and contact Victoria to secure your place.

Trisha Tanner

Practice Manager



DR CAROLINE PLATT – CONSULTANT PAEDIATRIC NEPHROLOGIST

Bristol Paediatric Clinic: Leading the Way in Children's Healthcare

At the heart of the Bristol Paediatric Clinic's mission is a commitment to delivering outstanding care to children and their families. Bristol Paediatric Clinic aims to set the standard in private paediatric healthcare across the region, offering a wide range of specialist services in the welcoming and supportive environment provided by Litfield House.

From newborns to teenagers, the clinic provides expert medical appointments tailored to meet the needs of each child, helping families navigate everything from routine health checks to more complex conditions. With a team of highly skilled Paediatric consultants, the clinic ensures patients receive compassionate care without the long wait.



One of the members of the team is Dr Caroline Platt, a paediatrician and nephrologist at the Bristol Royal Hospital for Children. As well as looking after children with a range of kidney-related conditions, she is also the deputy clinical director for the Southwest Genomic Medicine Service Alliance and has a national role with the Royal College of Paediatrics and Child.

Known for her warm approach and clinical excellence, Dr Platt looks after children with a range of general and kidney-related conditions including urinary tract infections, enuresis, chronic kidney disease, structural and inflammatory kidney disease and inherited / genetic kidney disorders. She runs specialist regional clinics for genetics and vasculitis at the Bristol Royal Hospital for Children.

As the Bristol Paediatric Clinic continues to grow, it remains committed to putting children and families first, ensuring the very best care for children is always within reach.

For more information or to book an appointment, visit
<https://www.litfieldhouse.co.uk/consultant/bristol-paediatric-clinic/> / www.bristolpaediatrics.com or email admin@bristolpaediatrics.com.



LITFIELD HOUSE
Medical Centre

Upcoming Events

Our Third Series of free GP Lectures (via zoom) have now been published, the list of lectures are as follows:

2nd October 2025 @ 7.30pm

Lecture: "Alzheimer's, Heart Disease and Strokes – The Association with Leg Varicose Veins and Holistic Vein Health" Part 1

Speaker: Professor Mark Whiteley - Consultant Venous Surgeon and Consultant Phlebologist Executive Chairman of the Whiteley Clinic

9th October 2025 @ 7.30pm

Lecture: "How is Paediatric Nephrology Relevant to Me in Primary Care"

Speaker: Dr Caroline Platt - Consultant Paediatric Nephrologist

16th October 2025 @ 7.30pm

Lecture: "Navigating Migraine Management in an Era of Targeted Treatments"

Speaker: Dr Richard Ibitoye - Consultant Neurologist and lead for the Headache Clinic at Southmead Hospital

6th November 2025 @ 7.30pm

Lecture: "Neurodiversity and Women: Misdiagnosis, Missed Diagnosis and Comorbidity"

Speaker: Dr Susannah Whitwell - Consultant Psychiatrist & Co-Founder of the Effra Clinic

To sign up contact Victoria via email or telephone (as below), or you can sign on to the lecture via our website, link as follows (overviews to following shortly):
<https://www.litfieldhouse.co.uk/healthcare-professionals/education-and-events/>

Victoria Gee

Marketing & Events



marketing@litfieldhouse.co.uk

Tel (Direct Line): 0117 317 1486 (Wed-Fri)

Please click on the following links for more information:

Consultancy/Surgical Suite Hire
[Consultancy Room Hire Bristol | Litfield House Medical Centre](#)

Consultants and Specialities
[Consultants and Specialities | Litfield House Medical Centre](#)