

# APRIL 2025 NEWSLETTER



**Litfield House Medical Centre**  
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Dear General Practitioner.

I hope you have all crossed the line with the milder/sunnier weather and "Winter Pressures" have now eased.

We have a couple of new additions to our website, as follows:

- **Amie Whittard & Beata Anderson at Somerset Baby Scans**  
<https://www.litfieldhouse.co.uk/consultant/amie-whittard/>  
<https://www.litfieldhouse.co.uk/consultant/beata-anderson/>
- **Mr Stuart Guthrie – Clinical Director at Newmedica**  
<https://www.litfieldhouse.co.uk/consultant/stuart-guthrie/>

Please do have a look at our upcoming events section for our second series of free GP lectures.

*Trisha Tanner*

**Practice Manager**

## CONSULTANT OF THE MONTH



Mr Michael Rocker is a Consultant Vascular Surgeon in the South East Wales Regional Vascular Network, based in the University Hospital of Wales Cardiff and Royal Glamorgan Hospital.

He has worked at Litfield House with The Whiteley Clinic since it began here in 2014. The pioneering vein clinic has been at the forefront of varicose vein treatments, and the Whiteley Protocol evolves with a research-based development to ensure the most up to date treatments are available.

Michael is a great proponent of the walk-in, walk out treatments all done under local anaesthetic. Even though NICE guidance supports referral and treatment of most varicose veins, restriction of services to the most complicated veins is widespread across the NHS. The

Whiteley Clinic has no such limitations and is able to treat all varicose veins from symptom free cosmetic veins to complicated recurrent patterns and venous ulceration.

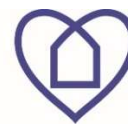
Website - <https://thewhiteleyclinic.co.uk/>

Litfield House Profile - <https://www.litfieldhouse.co.uk/consultant/michael-rocker/>

The Whiteley Clinic Litfield House Profile - <https://www.litfieldhouse.co.uk/consultant/the-whiteley-clinic/>

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## LITFIELD HOUSE Medical Centre

### Upcoming Events

Our Second Series of free GP Lectures (via zoom) have now been published, the list of lectures are as follows:

#### **8<sup>th</sup> May 2025 @ 7.30pm**

Lecture: "Platelet-Rich Plasma and Other Non-Medicated Treatments for Hair Loss"  
Speaker: Chloe Heyworth – Micropigmentation Specialist

#### **15<sup>th</sup> May 2025 @ 7.30pm**

Lecture: "Early Clarity, Better Care: Ultrasound Support for GPs in Pregnancy and Pelvic Symptoms"  
Speaker: Dr Suvarna Mahavarkar – Consultant Gynaecologist, Director and CQC Manager

#### **22<sup>nd</sup> May 2025 @ 7.30pm**

Lecture: "Overcoming Insomnia"  
Speaker: Dr Ashish Bhatia – General Practitioner and Found of Humble

To sign up contact Victoria via email or telephone (as below), or you can sign on to the lecture via our website, link as follows (including full overviews):  
<https://www.litfieldhouse.co.uk/healthcare-professionals/education-and-events/>

#### **Victoria Gee Marketing & Events**

[marketing@litfieldhouse.co.uk](mailto:marketing@litfieldhouse.co.uk)

Tel (Direct Line): 0117 317 1486

Please click on the following links for more information:

#### **Consultancy/Surgical Suite Hire**

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#### **Consultants and Specialities**

[Consultants and Specialities | Litfield House Medical Centre](#)

#### **Medico Legal**

[Medico Legal Matching Service | Litfield House Medical Centre](#)