

# MAY 2024 NEWSLETTER



## Litfield House Medical Centre

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## LITFIELD HOUSE Medical Centre

### Upcoming Events

We now have our full list of lectures for our second series for 2024, which is as follows:

#### **9th May 2024 @ 7.30pm**

Lecture: "Beat the Drop: The Role of Empagliflozin in Protecting Adults with CKD"  
Speaker: Dr Albert Power – Consultant Nephrologist

#### **16th May 2024 @ 7.30pm**

Lecture: "Varicose Veins (including venous ulcers) their Causes, Patient Complications, and the Logic for Treatment"  
Speaker: Mr Omar Abu-Bakr – Consultant Venous Surgeon and Phlebologist

#### **6th June 2024 @ 7.30pm**

Lecture: "Child Sexual Abuse"  
Speaker: Dr Nwenneka Sargant – Consultant Adolescent Paediatrician at Bristol Royal Hospital for Children and Forensic Medical Examiner at the Bridge Sexual Assault Referral Centre in Bristol

#### **13th June 2024 @ 7.30pm**

Lecture: "Keeping the Heart Pipes Clean – Prevention of Coronary Artery Disease"  
Speaker: Dr Amardeep Dastidar – Consultant Cardiologist at the Bristol NHS Trust and Bristol Heart Institute

#### **20th June 2024 @ 7.30pm**

Lecture: "Lipoprotein(a), What is it and What to do About it"  
Speaker: Paul Downie – Consultant Chemical Pathologist at the Department of Clinical Biochemistry, Bristol Royal Infirmary.

#### **27th June 2024 @ 7.30pm**

Lecture: "An Update on Genomics and Genomic Testing in the UK"  
Speaker: Dr Karen Low – Consultant Clinical Geneticist

To sign up contact Victoria via email or telephone (as below), or you can sign on to the lecture via our website, link as follows (including full overviews):

<https://www.litfieldhouse.co.uk/healthcare-professionals/education-and-events/>

**Victoria Gee  
Marketing & Events**

[marketing@litfieldhouse.co.uk](mailto:marketing@litfieldhouse.co.uk)

Tel (Direct Line): 0117 317 1486.

Dear General Practitioner

We are delight to showcase our newly refurbished clinical room, The Badminton Room, situated on the second floor of Litfield House Medical Centre.



To view detailed information about this room and all the rooms (including our Surgical Suite) at Litfield House, please view the following link:

<https://www.litfieldhouse.co.uk/healthcare-professionals/consultancy-room-hire/>

This room is now available for hire, please refer all enquiries to Trisha Tanner on the main Litfield House telephone number or via the enquiry form on the above link.

*Trisha Tanner*

Practice Manager

## CONSULTANT OF THE MONTH



Dr Amardeep Dastidar qualified in 2004 and has been practicing cardiology for over 15 years. His specialist training in cardiology was undertaken in the Severn Deanery. He undertook a period of out of programme research studying the novel diagnostic role of cardiac magnetic resonance in acute coronary syndrome, culminating in the award of a PhD from the University of Bristol. He has got >100 publications in high impact journals and won multiple international young investigator awards. His subspecialist cardiology training in the coronary intervention was undertaken in Southwest England. He was appointed as

Consultant Cardiologist at the North Bristol NHS Trust and Bristol Heart Institute in May 2020. He is based in both hospitals & takes part in the regional (tertiary) 24/7 heart attack service (primary PCI on call) at Bristol Heart Institute. He was awarded the prestigious Fellow of European Society of Cardiology in 2021.

Service offered:

- Cardiology consultation and comprehensive assessment
- 12 lead ECG
- Extended cardiac rhythm monitoring
- Transthoracic echocardiogram
- 24hr blood pressure monitoring
- Exercise tolerance test (ETT)
- Cardiac MRI (CMR)
- CTCA (CT coronary angiogram)

Dr Amardeep's Litfield House profile and contact information for Private Practice is on the following link <https://www.litfieldhouse.co.uk/consultant/amardeep-dastidar/>

