

MAY 2023 NEWSLETTER



Litfield House Medical Centre

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Dear General Practitioner

We are continuing with our room refurbishments and are in the final stages of completing a front of house Consultation Room with Treatment area on the 1st floor this month and will shortly be commencing the refurbishment of a Clinical Treatment Room on the 2nd Floor, which will be in line with our other two front of house Clinical Rooms refurbished last year.

If you are interested in enquiring about the availability of these rooms, please contact me on the main number above or email at: businessmanager@litfieldhouse.co.uk

Trisha Tanner

Practice Manager

CONSULTANT OF THE MONTH – LEANNE HAYWARD

(MBChB, MRCPsych, MSc, BSc, ILM-7 Executive Coach)



Dr Leanne Hayward is a UK-trained private consultant psychiatrist with over 20 years' post-qualification experience, who specialises in General Adult, Perinatal and Workplace Mental Health. She is also trained in ADHD diagnosis/treatment, is an Expert Witness for Family and Civil proceedings, and is an ILM-7 Qualified Executive Coach. Dr Hayward is a member of the Royal College of Psychiatrists.

Dr Hayward's mental health career includes experience in Adult, Older Adult, Forensic and Addiction Psychiatry. As an NHS Consultant, she has held roles in Acute Hospital Liaison, Community Perinatal, Crisis & Home Treatment, and Women's Inpatient Services. Between 2016-2019 she set up the BNSSG Specialist Community Perinatal Mental Health Services and was appointed NHS-England South-West Clinical Lead for the Perinatal & Infant Mental Health Network.

In her private practice, Dr Hayward is well placed to support patients aged 18+ who present with acute or long-term mental health conditions. She offers assessment and treatment of general adult mental health conditions, Adult ADHD, and mental health conditions presenting during perimenopause and perinatally. Dr Hayward provides private pre-pregnancy and perinatal assessments for those families who seek additional specialist input, and who may not meet the threshold for referral/access into Specialist Perinatal Mental Health Services, including assessment and treatment for fathers/partners.

Dr Hayward takes a holistic, evidence-based approach to a patient's wellbeing and recovery, considering all relevant biological, psychological and social factors, building a tailored treatment plan including appropriate medication and therapies, and where required, providing referral to trusted, highly-qualified therapists for psychological interventions to support ongoing recovery.

Dr Hayward has a small medico-legal practice, providing reports for the Family and Civil Court, and is experienced in undertaking Educational/Workplace Fitness to Study/Work Assessments. She also provides mental health training and support services to corporate & community organisations.

Dr Hayward can be contacted via her website: www.drilmhayward.uk or PA Tel: 01454 615278

Upcoming Events

We have four more lectures in our second series for 2023, as follows:

25th May 2023 @ 7.30pm

Lecture: "ADHD – Recent Changes to Referral Criteria and Managing ADHD in a Primary Care Setting."

Speaker: Dr Richard Lee Kelland – Consultant Community Paediatrician & Lecturer at the University of Bristol

8th June 2023 @ 7.30pm

Lecture: "Managing the Menopause in Women with a History of Breast Cancer / Alternatives to HRT."

Speakers: Dr Laura Flexer & Dr Kuki (Kathryn) Avery – GPs, Menopause Specialists & Medical Directors at the Chelvey Medical Group

15th June 2023 @ 7.30pm

Lecture: "Cardiometabolic Medicine: Bridging Across Specialities to Reduce Cardiovascular Risk."

Speakers: Dr Wycliffe Mbagaya – Consultant in Metabolic Medicine

22nd June 2023 @ 7.30pm

Lecture: "Common Clinical Dilemmas: Initial Treatment of Extended Prevention of Recurrent Venous Thromboembolism"

Speakers: Professor Ahmet Fuat – GP with a special interest in Cardiology/Anti-Coagulation

If you haven't already signed up to the above lectures, please email Victoria Gee at

marketing@litfieldhouse.co.uk

to confirm your space.

Tel (Direct Line): 0117 317 1486

Surgical Suite:

<https://www.litfieldhouse.co.uk/surgical-suite>

Consultant by Speciality

<https://www.litfieldhouse.co.uk/specialities>

Consultants by Name:

<https://www.litfieldhouse.co.uk/consultants>

