

# AUGUST 2020 NEWSLETTER



## Litfield House Medical Centre

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LITFIELD HOUSE  
MEDICAL CENTRE

## Upcoming Events

Thank you for your feedback regarding on-line lectures. All of which have been positive.

We will update you as soon as we have dates for our first on-line GP CPD Lecture.

In the interim, any further feedback is much appreciated.

[marketing@litfieldhouse.co.uk](mailto:marketing@litfieldhouse.co.uk)

Dear GP

We are happy to announce this month we are welcoming back more consultants and clinics to Litfield House (**with new additions**). Keep an eye on our website, where consultant links can be found under speciality or by consultant name.

We are continually updating our guidelines in line with GOV UK. In all probability, this will be an evolving situation for some time yet, but we will keep you updated via this newsletter. Currently we are asking all patients entering the building to wear a mask, except in exceptional circumstances (e.g. physical, psychological, or age-related reasons) in which case we will make alternative arrangements.

*Trisha Tanner*  
Practice Manager

## Consultant of the Month



[The London Orthotic Consultancy \(LOC\)](http://www.LondonOrthotics.co.uk) has been resident at LHMC since 2009. It runs two clinics at the Centre: one treats babies with Positional Plagiocephaly (flat head syndrome) which is led by Saeed Hamid, the other is a Bespoke Orthotics clinic for children and adults headed up by Sam Walmsley. Both Saeed and Sam are directors of LOC which was founded in 2004. LOC is passionate about orthotics and their capabilities to improve

lives; it has pioneered non-surgical treatments for conditions such as pectus deformities and scoliosis.

Positional Plagiocephaly is quite a common condition in young babies. LOC treats babies with moderate or severe cases using 'helmet therapy', which has been clinically proven to correct misshaped heads. Treatment is most effective when babies are 4-5 months old. LOC is currently beta testing a lighter helmet using 3D printed technology.

LOC's Bespoke Orthotics clinic treats a wide range of child and adult medical conditions and is used to helping patients with complex needs. In Paediatrics we are recognised to be at the forefront of treating children with neurological conditions such as Cerebral Palsy including those in rehabilitation following SDR surgery.



LOC manufactures the majority of the Bespoke Orthotics & helmets it prescribes and fits, ensuring we can always deliver treatment promptly. The involvement of the orthotist in the process means that quite subtle design requirements can be incorporated into the design process to ensure optimum treatment and best results.

You can find out more about LOC: [www.LondonOrthotics.co.uk](http://www.LondonOrthotics.co.uk)

## Consulting Rooms & Day Surgical Suite Open

(see [www.litfieldhouse.co.uk](http://www.litfieldhouse.co.uk) for further details)

### Surgical

**Whiteley Clinic** - Vein Treatments

**NewMedica** - Ophthalmology

**Linia Cosmetic Surgery**

### Day Consulting Rooms

**Beard Medical Practice** - GP

**Zafra Medical** - Cosmetic/Aesthetic

**Cosmetics** - Cosmetic/Aesthetic

**Helen McCarthy** - Psychologist

**Dr Newman Clinic** - Threadveins

**London Orthotic Consultancy** - Orthotist

**Medico Legal** - Neuropsychology,

Psychiatry & Orthopedics

**Sherif Wilson** - Cosmetic Surgery

**Elena Prouskaia** - Cosmetic Surgery

**Rebecca Slinn** - Psychiatrist

**Tara Collinge** - Psychiatrist

**Paul Renton-Harper** - Periodontics

**Angelica MacArthur-Kline** - Clinical Psychologist

**Hair Medics** - Hair Loss Treatment

**Check4Cancer** - Cancer Screening & Diagnostics

**Hillside Hair Clinic** - Hair Loss & Restoration

**Mr Ash Khurana (NEW)** - Consultant Orthopaedic Surgeon

**Mr Tim Chesser (NEW)** - Trauma & Orthopaedics

**Mr J J Gillyoly (NEW)** - Orthopaedic Surgeon

**Mr Greg Fellows (NEW)** - Neurosurgeon

**Jonathan Haynes** - Psychiatrist

**Mr Singhal (NEW)** - Orthopaedic Surgeon

**Dr Adedoukun (NEW)** - Pain Management

**Prof. Nick Maskell** - Consultant in Respiratory Medicine