

OCTOBER 2020 NEWSLETTER



Litfield House Medical Centre

1 Litfield Place, Clifton
Bristol BS8 3LS

Tel: 0117 973 1323

Email:

marketing@litfieldhouse.co.uk
www.litfieldhouse.co.uk



LITFIELD HOUSE
MEDICAL CENTRE

Dear GP

I am extremely excited to announce Litfield House Medical Centre's first GP Lecture for Autumn/Winter 2020.

<u>Date</u>	<u>Topic</u>	<u>Speaker</u>
29 th Oct 2020 7pm	"Sun Damage and Skin Care Routine"	Dr Jorge Zafra Anti-Aging and Aesthetic Medicine

Due to Covid-19 and UK Government guidelines we are unable to host our normal lectures face to face, so will be hosting Zoom Webinars until restrictions are lifted. We are hoping to have one or two further lectures by year end, but these will be announced separately by Victoria Gee from our Marketing and Events Dept. once dates and speakers are confirmed. Our aim will be to provide our usual three series of lectures (6 in each series) in 2021.

Trisha Tanner
Practice Manager

Consultant of the Month



Kathryn McCarthy is a colorectal surgeon with 22 years' experience in the NHS. She is a specialist in colorectal surgery, incontinence, pelvic floor conditions and endometriosis surgery. She is an active researcher and has published 60 peer reviewed articles. She was recently elected onto the Proctology sub-committee within the Association of Coloproctology of Great Britain and Ireland.

Her new venture, The McCarthy Clinic, has been developed to respond to the needs of people with embarrassing anal conditions. Conditions such as anal itchiness, discomfort, haemorrhoids (piles), tears (fissures), anal gland infections, continence issues (particularly after childbirth) and pilonidal disease. Once bowel cancer has been excluded, these conditions can significantly impact a person's quality of life and their ability to do their job and get out and about. The majority of these conditions can be successfully dealt with in clinic with advice and occasionally surgery. Such surgery can be undertaken under local anaesthetic without the need for an admission to hospital or the risks of a general anaesthetic. Kathryn believes that continuity of care is of utmost importance for conditions such as these that can be very difficult to talk about. She has great feedback for her NHS practice (www.iwantgreatcare.org) and hopes to deliver the same bespoke care at Litfield House.

To find out more, please click the following link <http://themccarthyclinic.org/>

Upcoming Events

Litfield House Zoom Webinar 29/10/20

These free lectures are certified, and you will receive a certificate, which will give you points towards your Continual Professional Development.

Our events are very popular, so please contact me at your earliest convenience at marketing@litfieldhouse.co.uk to confirm your space. The Agenda and detailed zoom instructions will be sent before the event.

If you think any of your colleagues would also be interested in attending our Educational events feel free to send them this link so they can register their details to: <https://mailchi.mp/bf6018c44f61/gp-lecture-signup>

We will also have one pharmaceutical sponsor for our zoom webinar lectures, who will speak at the start of our lecture. Can I thank you in advance for taking the time to listen to their medical representative, as their sponsorship is an essential part of covering the costs of running these events so they can remain free of charge.

Consultants and Surgeons Currently Working

Please click on one of the following links to see a full list of our Surgical and Day Consulting Room:

Litfield House Medical Centre Home Page:
<https://www.litfieldhouse.co.uk/>

Surgical Suite:
<https://www.litfieldhouse.co.uk/surgical-suite>

by speciality
<https://www.litfieldhouse.co.uk/specialities>