

JANUARY 2022 NEWSLETTER



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Dear GP

Happy New Year! I hope you all had a lovely break over the Christmas and New Year Holidays. Let's hope 2022 is the year we can all return to some sort of normality in our lives and work.

As usual at Litfield House we also start the new year with a new programme of Zoom GP CPD lectures. I hope you will be able to join us on one of the dates specified in the Upcoming Events section of this Newsletter.

Trisha Tanner

Practice Manager

OVERVIEW OF OUR FIRST THREE LECTURES

27th January 2022 – Update on VTE Management, Including Cancer Associated

Thrombosis

Dr Charlotte Bradbury MBChB (Oxon), MA, FRCP, FRCPPath, PhD is a Consultant Haematologist at University Hospitals Bristol & Weston where she is VTE and anticoagulation lead. She also leads liaison (advice and referral) haematology and is a member of the British Society of Haematology general haematology task force. As a senior lecturer at the University of Bristol, she is academic lead for 2nd year of undergraduate medicine training and also leads haematology teaching throughout the 5 years. Her haemostasis and thrombosis research includes leading antithrombotic clinical trials in COVID-19 in the UK

Venous thromboembolism remains a major cause of death and morbidity in the UK and the risk of recurrence remains high for many patients irrespective of whether the index event was a DVT or PE. Various factors need to be considered when deciding on the most appropriate anticoagulation type and duration of therapy, particularly in complex patients, such as those with cancer or renal failure. There has been a wealth of new evidence that has informed recent updates to guidelines from expert groups including ACCP, ESC, BTS and NICE. This presentation will discuss the clinical context of these updates as well as some of the key evidence that has informed the recommendations

3rd February – Changes to the Landscape of Addiction Treatment in the Covid Era

"The landscape of clinical complexity and treatments in addictions has changed considerably under the pressure of the COVID-19 pandemic.

Dr Iosub will be discussing the changes we have seen, new emerging clinical presentations, as well as the menu of treatment options available in the post-lockdown era within statutory drug and alcohol treatment system and in the private sector.

Dr Radu Iosub is a Consultant Psychiatrist specialising in Addictions and General-Adult Psychiatry, practising privately at Clouds House, Litfield House Medical Centre and at Bristol Priory."

10th February – Spinal Cord Stimulation; A Treatment Option for Painful Diabetic Neuropathy and Chronic Low Back and Leg Pain

Spinal Cord Stimulation (SCS) is a well-established treatment for neuropathic limb pain, provided in specialist centers such as North Bristol NHS Trust at Southmead Hospital. It is a NICE TAG (159) recommended treatment which we have provided for the last 15 years at NBT, for chronic low back and radicular leg pain. It involves the application of electric fields to the spinal cord to manage chronic pain where all other treatments have failed. There are some newer SCS therapies, which I will discuss, and there is now some good evidence that high frequency (10kHz) can be helpful for certain patients with painful diabetic neuropathy pain. I will present the indications and an overview of the treatment and some information on referral of suitable patients.

Next three to follow in Februarys Newsletter...

Upcoming Events

We are pleased to announce our first series of zoom lecture programme for 2022:

27th January 2022 @ 7.30pm

Lecture: "Update on VTE Management, Including Cancer Associated Thrombosis"

Speaker: Dr Charlotte Bradbury - Consultant Haematologist

3rd February 2022 @ 7.30pm

Lecture: "Changes to the Landscape of Addiction Treatment in the Covid Era"

Speaker: Dr Radu Iosub – Consultant Addiction and General Adult Psychiatrist

10th February 2022 @ 7.30pm

Lecture – "Spinal Cord Stimulation; A Treatment Option for Painful Diabetic Neuropathy and Chronic Low Back and Leg Pain"

Speaker: Dr Sarah Love-Jones – Consultant in Pain Management

3rd March 2022 @ 7.30pm

Lecture: "Into the Perimenopause and Beyond"

Speakers: Tracy-Louise Appleyard – Consultant Gynaecologist and Dr Susannah Hogg – Consultant Gynaecologist

10th March 2022 @ 7.30pm

Lecture: Foundations of Asthma Care

Speaker: Dr Katharine Pike – Consultant Respiratory Paediatrician – Paediatric Asthma

17th March 2022 @ 7.30pm

Lecture: Autoimmune Connective Tissue Disease: A Practical Guide for GPs"

Speaker: John Pauling – Con

These free lectures are certified, and you will receive a certificate, which will give you points towards your Continual Professional Development. Email

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to confirm your space.

