

FEBRUARY 2022 NEWSLETTER



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Dear GP

I do hope you are finding our current series of GP Education Lectures informative and of practical use in your surgeries. Please don't forget to use the Evaluation Form, a link is sent out to via email the day after the lecture, to give us feedback on not only the lecture you attended, but also our lecture programme series including other topics you'd like to hear, as Victoria is approaching consultants from the list she receives via this link.

If you would like to speak to Victoria directly about anything relating to our Zoom lectures, she can be contact on via reception on the number above, or by direct dial on 0117 317 1486.

Kind regards

Trisha Tanner

Practice Manager

OVERVIEW OF OUR FINAL THREE LECTURES IN OUR FIRST PROGRAMME OF LECTURES FOR 2022

3rd March 2022 – Into the Perimenopause and Beyond

Miss Appleyard and Dr Hogg hold NHS Consultant Obstetrician and Gynaecologist posts at North Bristol NHS Trust, Southmead Hospital.

"Let us guide you through the fog of misinformation and offer you advice on the symptoms and help available."

10th March 2022 – Foundations of Asthma Care

'Getting the basics right' is the foundation of asthma care. Approaching the diagnosis and management of asthma using a systematic, guideline driven approach ensures timely identification and treatment. This session will use practical examples to address common problems in asthma management, including diagnosis across the paediatric age range, monitoring a trial of treatment and recognition of risk of asthma attack. Examples will be drawn from Dr Marriage's primary care outreach project and from referrals to Bristol Children's Hospital, including those to the severe asthma service."

10th March 2022 – Autoimmune Connective Tissue Diseases: A Practical Guide for GP's

The autoimmune Connective Tissue Diseases (CTD) comprise of a number of potentially life-threatening multisystem disorders of unknown aetiology characterised by inflammation, vasculopathy and fibrosis. The CTDs can present insidiously and diagnostic delay remains an important issue. Most patients initially present to their GPs, who are often the first to consider the possibility of an underlying CTD. The talk shall cover the main clinical features of CTD, with a specific focus on Raynaud's phenomenon and provide a practical approach to interpreting the anti-nuclear antibody (ANA) screen. The presentation aims to alert GPs to clinical features that may indicate the presence of an underlying CTD, the relevant baseline investigations that might be undertaken within primary care and the features that should prompt onward referral for rheumatology assessment.

Upcoming Events

The remaining programme in our first series of lectures are as follows:

3rd March 2022 @ 7.30pm

Lecture: "Into the Perimenopause and Beyond"
Speakers: Tracy-Louise Appleyard – Consultant Gynaecologist and Dr Susannah Hogg – Consultant Gynaecologist

10th March 2022 @ 7.30pm

Lecture: Foundations of Asthma Care
Speaker: Dr Katharine Pike – Consultant Respiratory Paediatrician – Paediatric Asthma

17th March 2022 @ 7.30pm

Lecture: Autoimmune Connective Tissue Disease: A Practical Guide for GPs"
Speaker: John Pauling – Consultant Rheumatologist

These free lectures are certified, and you will receive a certificate, which will give you points towards your Continual Professional Development. Email marketing@litfieldhouse.co.uk to confirm your space.

Consultants and Surgeons

Please click on one of the following links to see a full list of our Surgical and Day Consulting Room:

Litfield House Medical Centre Home Page:

<https://www.litfieldhouse.co.uk/>

Surgical Suite:

<https://www.litfieldhouse.co.uk/surgical-suite>

by speciality

<https://www.litfieldhouse.co.uk/specialities>

by consultant:

<https://www.litfieldhouse.co.uk/consultants>

