



## **LITFIELD HOUSE MEDICAL CENTRE**

*Invites you to attend*

### **THE THIRD SERIES OF THE 2019 LECTURE PROGRAMME**

*(Full details overleaf)*

*Being Held On Consecutive Thursday Evenings*

**STARTING: 26<sup>th</sup> Sept – 14<sup>th</sup> Nov**

**Excluding 24<sup>th</sup> and 30<sup>th</sup> Oct (Half Term)**

**Supper Served From 7.00pm ~ Lecture Commences at 8.00pm**

Please email: [Marketing@litfieldhouse.co.uk](mailto:Marketing@litfieldhouse.co.uk) or return the tear off slip below to:

**Miss Katrina Pitt – Marketing & Events**

Litfield House Medical Centre Ltd  
1 Litfield Place  
Clifton  
Bristol  
BS8 3LS

Please circle the dates which you wish to attend:

**26<sup>th</sup> Sept    03<sup>rd</sup> Oct    10<sup>th</sup> Oct    17<sup>th</sup> Oct    07<sup>th</sup> Nov    14<sup>th</sup> Nov**

Please state any dietary requirements i.e. Vegetarian: .....

Please print name: .....

Signed:..... Surgery: .....

Contact Telephone number: .....

E-mail address: .....

# 2019 LITFIELD HOUSE LECTURE PROGRAMME (SERIES THREE)

	<u>Topic</u>	<u>Consultant</u>
<b>26<sup>th</sup> Sept</b>	<b>“The neuroscience of caregiving fatigue, and strategies to avoid burnout”</b>	<b>Dr Nicola Harker</b> GP, Coach and teacher of Self-Compassion
<b>03<sup>rd</sup> Oct</b>	<b>“Update of female and male fertility management”</b>	<b>Professor Geeta Nargund</b> Medical director for Create Health
<b>10<sup>th</sup> Oct</b>	<b>“Best practice in managing psoriasis in primary care”</b>	<b>Valerie Anderson</b> Dermatology specialist nurse at Sirona Care and Health
<b>17<sup>th</sup> Oct</b>	<b>“Management of the breathless patient”</b>	<b>Dr Philip Boreham</b> Consultant Cardiologist
<b>07<sup>th</sup> Nov</b>	<b>“Modern management of haemorrhoids”</b>	<b>Mr Simon Middleton</b> Consultant Colorectal Surgeon
<b>14<sup>th</sup> Nov</b>	<b>“Complicated Patients: Cancer and VTE”</b>	<b>Dr Amanda Clark</b> Consultant Haematologist