



Do you suffer with, or think you may have, varicose veins?

Come and find out more at
our **FREE Varicose Vein
Open Evening** at
Litfield House, Bristol
on **21st March 2019** from
18.30 to 20.30

Our consultants will give an informative talk about varicose veins and other venous conditions, such as pelvic congestion, spider veins and leg ulcers. You can also ask questions directly of the experts.

These events are designed for those who would like to find out more about their personal condition and the extent of any venous problems they may have.

Everyone who attends will be offered £50 off their consultation and treatment plan (terms and conditions apply).

To find out more, or to register your place, please email
events@thewhiteleyclinic.co.uk
or telephone

0330 058 1850

Spaces are limited, so early booking is advised.

The Whiteley Clinic
Litfield House Medical Centre
Clifton, Bristol
BS8 3LS

www.thewhiteleyclinic.co.uk

* See our awards on www.thewhiteleyclinic.co.uk/research/prize-winning-varicose-vein-treatments/

The
Whiteley
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Pioneering Vein Treatments



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The main signs and symptoms of varicose veins

The main indicators of varicose veins (if there are bulging veins on the surface) or 'hidden' varicose veins include:

- Intermittent swelling of the ankles and feet
- Uncomfortable, 'tired', aching or 'heavy' legs
- Throbbing or cramping in the legs
- Dry, itchy legs – particularly around the lower leg and ankle
- A red or brown, discoloration of the skin
- Superficial spider or thread veins
- Hard, red, tender lumps appearing – called phlebitis
- The skin breaking down and causing a leg ulcer



There is also a less commonly known condition called Pelvic Varicose Veins or Pelvic Congestion Syndrome (PCS). Pelvic Varicose Veins are a major cause of leg varicose veins in women who have had children, and can cause:

- varicose veins of the legs
- varicose veins of the vagina and vulva
- varicose veins of the buttocks and upper thighs

PCS is where the veins deep in the pelvis 'reflux' and place pressure on the pelvic organs, such as the bladder, bowel, vagina and pelvic floor. These symptoms are often misdiagnosed and can be recognised as:

- Irritable bladder
- Irritable bowel
- Discomfort on sexual intercourse
- Dragging feeling in the pelvis on standing

Why choose The Whiteley Clinic?

- All treatments are walk in walk out and are performed under local anaesthetic
- Thorough scans performed by a dedicated sonographer means we can treat the underlying cause of your varicose veins
- Over 20 years of experience
- Compliant with the National Institute of Health and Care Excellence (NICE)
- Care Quality Commission (CQC) registered
- Regularly featured in the media as **the vein experts**, including the Tatler Beauty & Cosmetic Guide for the last 10 years
- Our world famous Whiteley Protocol® and ongoing research ensures we are giving our patients the best treatment possible

“The Whiteley Clinic have truly saved my life and I can’t thank each and everyone of them enough!” *Mr Stacey*

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